



Colorful Roasted Sheet Pan Vegetables

SHOPPING LIST:

- Butternut Squash (3 cups cubed)
- Broccoli (4 cups, florets)
- Red Pepper (2, cut into squares)
- Red Onion (1 large, cut into bite sized chunks)
- Italian Seasoning (2 tsp)
- Salt (1 tsp, coarse)
- Pepper (1/4 tsp)
- Olive Oil (3 Tbsp, divided)
- Balsamic Vinegar (1 Tbsp)

SPECIAL INSTRUCTIONS: Have all ingredients prepped, chopped, and measured before the demonstration, if you are planning to cook along!

Please note: I will be starting this recipe from STEP 2 of the directions. So, if you plan to cook along with me, go ahead and roast your butternut squash prior to the demonstration!

EQUIPMENT NEEDED:

- Sheet Pan

<https://www.eatingwell.com/recipe/262078/colorful-roasted-sheet-pan-vegetables/>