



Black Bean Brownies

SHOPPING LIST:

- Black Beans – 15oz can (rinsed and drained)
- Cocoa Powder – 2 Tbsp
- Quick Oats – ½ cup
- Maple Syrup – ½ cup
- Coconut Oil – ¼ cup
- Vanilla Extract – 2 tsp
- Baking Powder – ½ tsp
- Chocolate Chips – ½ to 2/3 cup (NOT optional, *omit at your own risk*)

SPECIAL INSTRUCTIONS: A food processor works best for this recipe, but you can use a blender if needed. Please remember to have all the ingredients prepped if you are planning to bake along!

EQUIPMENT NEEDED:

- 8x8 Baking Pan

<https://chocolatecoveredkatie.com/black-bean-brownies-calories-and-nutrition-facts/>