



# Paleo Granola

## SHOPPING LIST:

- Raw Almonds – 1 Cup
- Raw Cashews – 1 Cup
- Raw Pumpkin Seeds – 1/3 cup
- Raw Sunflower Seeds – 1/3 cup
- Unsweetened Coconut Flakes – ¼ cup
- Coconut Oil – ¼ cup
- Honey – 1/3 cup
- Vanilla Extract – 1 tsp
- Sea Salt – pinch
- Cinnamon – 2 tsp
- Dried Cranberries or Cherries – ¾ cup

**SPECIAL INSTRUCTIONS:** Please remember to have all the ingredients prepped if you are planning to cook along!

## EQUIPMENT NEEDED:

- Food Processor
- Blender

<https://therealfooddietitians.com/paleo-granola/>